





Volume 39 Issue 2 FEBRUARY 2021



Valentine's Day is on *Sunday, February 14th!*Don't forget to tell that special someone how much they mean to you!

LOVE IS IN THE AIR!!!

## **DON'T GET TOWED**



As a reminder to residents, the SHA will tow any vehicle that is parked incorrectly -as described in the SHA House Rules.

Specifically, vehicles may be towed at the owner's expense for the following:

- Improper Tag/No Tag
- Inoperable / On Blocks
- Parking in unauthorized spaces, such as on the grass

ADDITIONALLY, VEHICLES MAY NOT BLOCK DUMPSTERS, ACCESS RAMPS OR FIRE LANES.

VEHICLE REPAIRS ARE NOT ALLOWED ON SHA PROPERTY.



# CHECK THIS OUT!

Fleming Heights has a New Sign! Residents can expect to see new signage in other SHA communities over the next several months!





Go like us on Facebook and get notifications of all weekly postings and updates!

#### BROOKVIEW SECURITY CAMERAS

The SHA has placed security cameras in and around our Brookview Community. These cameras have been installed for the protection and safety of our residents and property. This is the first of an ongoing initiative for all SHA properties.





The SHA will be closed on Monday, February 15, 2021, in observance of President's Day.



#### DON'T FORGET TO PAY YOUR RENT!

RENT IS DUE ON THE FIRST OF EVERY MONTH!



#### **American Heart Month**



February is American Heart Month. Did you know that high blood pressure, high cholesterol levels, and physical inactivity increase your risk of having a heart attack? To reduce your risk of a heart disease the American Heart Association recommends:

- Do not smoke cigarettes.
- Have your blood pressure checked regularly and if it is high, follow your doctor's advice to control it.
- Eat foods low in saturated fats and cholesterol. Avoid junk foods and eat more fresh fruits and vegetables.
- Maintain proper weight.
- Visit your doctor and have regular medical checkups.
- Stay physically active. Check with your doctor before starting an exercise program. Exercise can help you feel better, look good, reduce stress, and improve your sense of well being. Only thirty to sixty minutes of exercise 3-4 times a week can help your heart.



The SHA Maintenance Team is a hard working group! These guys have been busy keeping our properties in good working order. Rain or shine they are out and about getting things done!

Whether it's a stopped up toilet, a broken water line, drainage/flooding issues, or just routine repairs—our Maintenance Team gets it done!

Check out some of their most recent works in progress!















FILTER REPLACEMENTS: Residents can expect a visit from our Maintenance Team beginning the second week of February to replace air filters.

#### ALL SHA STAFF WILL WEAR FACEMASKS WHEN ENTERING A DWELLING

Although the SHA offices continue to be closed to the public, our staff remains hard at work taking calls and making appointments. If residents any have questions or concerns, we are only a phone call away at <u>704-636-1410.</u>

### **CRIME PREVENTION**

Let's face it. Crime is on the rise on both national and local levels. News reports are released everyday reporting shocking and disturbing offenses from petty theft to more violent acts of crime. Now, more than ever, it is vital that our communities work together to eliminate neighborhood crime. Residents must be vigilant in taking notice of what is happening around them.

**PLEASE DIAL 9-1-1** to report suspicious and/or criminal activity such as:

- Someone running from a car or home.
- Someone screaming. If you can't explain the screams, dial
- Someone going door-to-door in the neighborhood or looking in windows and parked cars.
- Someone asking about past residents.
- Someone who appears to have no purpose wandering and loitering through the neighborhood.
- Unusual or suspicious noises that you cannot explain, such as breaking glass, pounding, shots, etc.
- Vehicles moving slowly without lights or without an apparent destination.
- Business transactions conducted from a vehicle. This could involve the sale of drugs or stolen goods.
- Offers of merchandise available for ridiculously low prices. The merchandise might be stolen.
- Someone walking or running while carrying property at an unusual time or place.
- Someone removing property from unoccupied residences.
- A stranger entering a neighbor's home which appears to be unoccupied.
- A stranger in a car who stops to talk to a child.
- A child resisting the advances of an adult.

If you have information on a crime that has taken place, do the right thing and report it to the Salisbury-Rowan Crimestoppers. These calls can be anonymous. The caller is not required to give their personal information. If tips lead to an arrest, a reward may be awarded to the tipster. To contact the



Salisbury-Rowan Crimesoppers, please call 1-866-639-JAIL (5245). Citizens may also follow them on their Facebook page @ Salisbury/Rowan CrimeStoppers.



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