



The 2023-2024 school year for Rowan-Salisbury Schools begins **Wednesday, August 09, 2023**, for all students. The public schools in North Carolina offer a free public education for children who are 5 years old on or before August 31.

To enroll your child in kindergarten, please bring your child's birth certificate and proof of residence to the elementary school in your district. State law also requires immunizations and physical exams for students entering public school kindergarten. If your child has not had a health assessment for school, make an appointment. Take your child's immunization (shots) record with you to your appointment. If you need more information contact your school system at 704-636-7500 located at 500 N. Main Street Salisbury, NC 28144.

Start the new year by showing your child you care and by stressing the importance of an education.

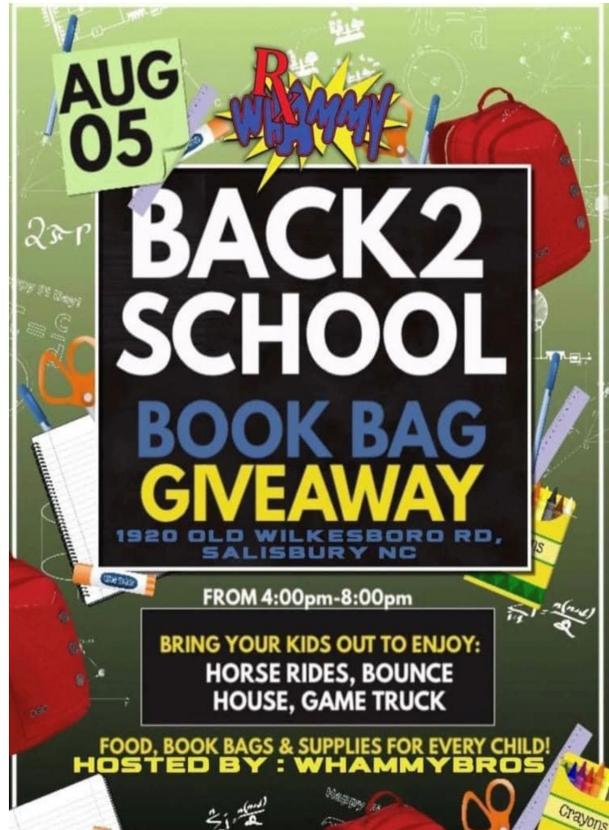
Watch out for the Children!

With school back in session this month, children of all ages will be walking to school or bus stops. Young elementary children are at a higher risk of being hit by a car because they may dart out into traffic. If you drive, please drive carefully and look out for children. Parents, please help keep your children safe by teaching your children to:



- ♥Walk on sidewalks.
- ♥Keep to the left and walk facing traffic if there are no sidewalks.
- ♥When crossing the street, do not cross between parked cars. Cross streets at intersections.
- ♥Stop at the curb. Never run into the street.
- ♥Listen and look for traffic to the left, to the right, and to the left again.
- ♥Obey all traffic signals.
- ♥Wait until the street is clear to cross. Keep looking until you have crossed safely.

Have a safe school year!!!

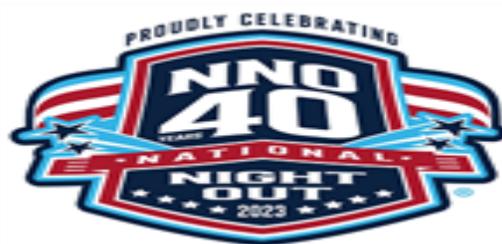


Back to School Event Book Bag Giveaway!

Location :1920 Old Wilkesboro rd Salisbury ,NC

Date :August 8th , 2023

Time: 4:00pm– 8:00pm



Back-to-School Community Resource Fair and National Night Out

Salisbury will celebrate local community agencies, neighborhoods and law enforcement partnerships at a combined **Back-to-School Community Resource Fair and National Night Out** event, Tuesday, Aug. 1, beginning at 6 p.m. at Bell Tower Green Park.

AUGUST FIND-A-WORD

P G N I D A E R U L E S B B
 R N C O L L E G E E A C O K
 I S D N I E R F A N T I O E
 N U Y R A T N E M E L E K S
 C B A C K P A C K O A N S A
 I S E D A R G T O Q J C H D
 P O P Q U I Z H N R H E O N
 A N O I T A C U D E S N M E
 L O O H C S E L D D I M E G
 S X O B H C N U L E D R W A
 T Y F G K C L A S S R O O M
 U W I S R E H C A E T S R D
 D H Z D S T U D E N T S K A
 Y T E S T S Y K P W I W S J

SEE IF YOU CAN FIND THESE WORDS:

(Words may be up, down, across, backwards, or diagonal)

- | | |
|---------------|-----------|
| AGENDAS | READING |
| BACKPACK | RULES |
| BOOKS | SCHEDULES |
| BUS | SCHOOL |
| CLASSROOM | SCIENCE |
| COLLEGE | STUDENTS |
| EDUCATION | STUDY |
| ELEMENTARY | TEACHERS |
| FRIENDS | TESTS |
| GRADES | |
| HIGH SCHOOL | |
| HOMEWORK | |
| LUNCH BOX | |
| MIDDLE SCHOOL | |
| ORIENTATION | |
| POP QUIZ | |
| PRINCIPAL | |



RESIDENTS COUNCIL MEETING

SHA residents from all of our communities are encouraged to attend monthly Resident Council Meetings. Important information and ideas are shared and guest speakers provide valuable updates on public services. The next meeting will be held on **Tuesday, August 15, 2015** at 1:00pm. Snacks will be provided. **Location: City of Salisbury Housing Authority, 200 Martin Luther King Jr Ave S, Salisbury, NC 28144**

WE HOPE TO SEE YOU THERE!

It's National Peach Month!!

EASY PEACH LEMONADE

Ingredients:

- 1 lb. package of frozen peaches
- 12 oz. can frozen lemonade concentrate
- 36 oz water (fill the lemonade cup up 3 times)
- Place all ingredients in a blender and mix until smooth.
- Serve over ice.
- **May also be made into a slush. Add ice to blender and only 1 can of water would be needed.



CROCKPOT PEACH CHIPOTLE CHICKEN

Ingredients:

- 4 – 5 Boneless Skinless Chicken Breasts, thawed
- One 18 oz. Bottle Sweet Baby Ray's Honey Chipotle BBQ Sauce
- 1 jar Smucker's Peach Preserves (18 oz)

Cook chicken in crockpot on high for 3 hours (covered). Then drain juices from crockpot. Mix together BBQ sauce and preserves and pour this mixture over chicken and cook on high for another 30 minutes (covered).

ENJOY!!

Ruffy-Holmes Senior Services

Ruffy-Holmes has many senior service programs to support seniors, 60 years of age or older. Programs offered include a Nutrition Program, Care Management, In-Home Services, Transportation Services and More.

The Family Caregiver Support Program provides valuable information for caregivers.

Eligible family caregivers are:

- A caregiver of any age providing care for an older adult age 60 or older or providing care for a person with Alzheimer's disease or related brain disorder.
- A caregiver (who is not the birth or adoptive parent), age 55 or older, raising a related child age 18 and under or an adult with a disability.

If you or someone you know could benefit from these services, please call Senior Services at

704-216-7714.

