



The 2022-2023 school year for Rowan-Salisbury Schools begins **Wednesday, August 10th 2022**, for all students. The public schools in North Carolina offer a free public education for children who are 5 years old on or before August 31.

To enroll your child in kindergarten, please bring your child's birth certificate and proof of residence to the elementary school in your district. State law also requires immunizations and physical exams for students entering public school kindergarten. If your child has not had a health assessment for school, make an appointment. Take your child's immunization (shots) record with you to your appointment. If you need more information contact your school system or the Rowan County Health Department at 704-633-0411.

Start the new year by showing your child you care and by stressing the importance of an education.

### Family Self-Sufficiency (FSS) News

*Are you looking for a CHANGE?*

Services provided to families:

- Childcare
- Education Assistance
- Transportation Assistance
- Job Training and Preparation
- Employment Search
- Community Referrals
- Life Coaching
- Financial Education
- Workshop Participation



Contact Stephanie Bruce at  
704-636-1410 ext 113



### **Watch out for the Children!**

With school back in session this month, children of all ages will be walking to school or bus stops. Young elementary children are at a higher risk of being hit by a car because they may dart out into traffic. If you drive, please drive carefully and look out for children. Parents, please help keep your children safe by teaching your children to:



- ♥ Walk on sidewalks.
- ♥ Keep to the left and walk facing traffic if there are no sidewalks.
- ♥ When crossing the street, do not cross between parked cars. Cross streets at intersections.
- ♥ Stop at the curb. Never run into the street.
- ♥ Listen and look for traffic to the left, to the right, and to the left again.
- ♥ Obey all traffic signals.
- ♥ Wait until the street is clear to cross. Keep looking until you have crossed safely.

*Have a safe school year!!!*

### LIGHTENING SAFETY

Summer storms often bring severe weather to our area. Listed below are a few myths and facts about lightening:



**Myth:** Rubber tires on car protect you from lightening.

**Fact:** Most cars are safe from lightening, but it is the metal roof and sides that protect you, NOT the rubber tires.

**Myth:** If outside in thunderstorm, you should seek shelter under a tree.

**Fact:** Being under a tree is the second leading cause of lightening casualties. Better to get wet than struck by lightening.

**Myth:** If trapped outside and lightening is about to strike, I should lie flat on the ground.

**Fact:** Lying flat increases your chance of being affected by potentially deadly ground current. Instead, keep moving toward a safe shelter.

**Myth:** If you are in a house, you are 100% safe from lightening.

**Fact:** A house is a safe place to be during a storm as long as you avoid anything that conducts electricity (corded phones, electrical appliances, wires, TV cables, computers, plumbing, metal doors and windows).

**AUGUST FIND-A-WORD**

P G N I D A E R U L E S B B  
 R N C O L L E G E E A C O K  
 I S D N I E R F A N T I O E  
 N U Y R A T N E M E L E K S  
 C B A C K P A C K O A N S A  
 I S E D A R G T O Q J C H D  
 P O P Q U I Z H N R H E O N  
 A N O I T A C U D E S N M E  
 L O O H C S E L D D I M E G  
 S X O B H C N U L E D R W A  
 T Y F G K C L A S S R O O M  
 U W I S R E H C A E T S R D  
 D H Z D S T U D E N T S K A  
 Y T E S T S Y K P W I W S J

**SEE IF YOU CAN FIND THESE WORDS:**

*(Words may be up, down, across, backwards, or diagonal)*

AGENDAS  
 BACKPACK  
 BOOKS  
 BUS  
 CLASSROOM  
 COLLEGE  
 EDUCATION  
 ELEMENTARY  
 FRIENDS  
 GRADES  
 HIGH SCHOOL  
 HOMEWORK  
 LUNCH BOX  
 MIDDLE SCHOOL  
 ORIENTATION  
 POP QUIZ  
 PRINCIPAL

READING  
 RULES  
 SCHEDULES  
 SCHOOL  
 SCIENCE  
 STUDENTS  
 STUDY  
 TEACHERS  
 TESTS



**SPOTTING PROBLEMS IN YOUR CHILD'S VISION**

If your child exhibits any of these symptoms, they may be experiencing a vision issue:

- Constant eye rubbing
- Difficulty seeing things at a distance
- Difficulty focusing on projects right in front of them
- Difficulty playing sports and other games with friends
- Consistent squinting
- Regular headaches
- Difficulty reading



**BEING A GOOD NEIGHBOR**

Please remind your family members and guests that it is important to be a good neighbor by not doing anything that disturbs others. For example, keep the volume on your television, voices, and music low enough so that your neighbors are not disturbed, especially at night. Do not allow small disagreements to become large disagreements. Remember, you are responsible for the actions of your family and everyone else you allow to come to your home, even if they come when you are not at home.

We need the help of every resident to make each neighborhood a pleasant place to live. This means that everyone deserves to have peace and quiet.

If you are experiencing continuing problems with a neighbor please contact the SHA at 704-636-1410. Also, if you see any type of questionable behavior, suspicious vehicles, persons, or activity in your community, please do not hesitate to call the police or if it's an emergency...*dial*

**911!**



**My Eyelab**

1525 E Innes St Salisbury, NC 28146  
 Phone- 980-238-4873



Saturday 9AM-7PM  
 Sunday Closed  
 Monday 9AM-7PM  
 Tuesday 9AM-7PM  
 Wednesday 9AM-7PM  
 Thursday 9AM-7PM  
 Friday 9AM-7PM

