

## BEING A GOOD NEIGHBOR

Please remind your family members and guests that it is important to be a good neighbor by not doing anything that disturbs others. For example, keep the volume on your television, voices, and music low enough so your neighbors are not disturbed, especially at night. Do not allow small disagreements to become large disagreements. Remember, you are responsible for the actions of your family and everyone else you allow into your home, even if they come when you are not at home. *We need the help of every resident to make each neighborhood a pleasant place to live. This means that everyone deserves to have peace and quiet.*

If you are experiencing continuing problems with a neighbor please contact Property Manager, Cameron Allison at 704-636-1410, extension 118. Also, if you see any type of questionable behavior, suspicious vehicles, persons, or activity in your community, please do not hesitate to call the police at 704.638.5333 or if it's an emergency...dial 911!



Dates to Remember

## AUGUST 2019

- August 1 - **RENT IS DUE**
- August 3 - New Resident Orientation; 10:00am
- August 6 - **LATE FEES ADDED TO RENT**
- August 11 - First Day of School
- August 20 - **LAST DAY TO PAY RENT**
- August 21 - National Senior Citizens Day

## LIGHTENING SAFETY

Summer storms often bring severe weather to our area. Listed below are a few myths and facts about lightening:

**Myth:** Rubber tires on cars protect you from lightening.

**Fact:** Most cars are safe from lightening, but it is the metal roof and sides that protect you, NOT the rubber tires.



**Myth:** If outside in a thunderstorm, you should seek shelter under a tree.

**Fact:** Being under a tree is the second leading cause of lightening casualties. Better to get wet than struck by lightening.

**Myth:** If trapped outside and lightening is about to strike, I should lie flat on the ground.

**Fact:** Lying flat increases your chance of being affected by potentially deadly ground current. Instead, keep moving toward a safe shelter.

**Myth:** If you are in a house, you are 100% safe from lightening.

**Fact:** A house is a safe place to be during a storm as long as you avoid anything that conducts electricity (corded phones, electrical appliances, wires, TV cables, computers, plumbing, metal doors and windows).

**Self-Sufficiency**  
Fatherhood Initiative Program

The Self-Sufficiency - Fatherhood Initiative program focuses on improving fathers' ability to be actively and positively involved in the lives of their children, in an effort to strengthen families and further combat the continued causes of poverty.

**Supportive Services**  
Program participants complete a 12 week curriculum, and are provided supportive services to assist in personal goal achievement to become self-sufficient.

**12 Week Curriculum Includes Topics Such As:**

- Fathering and Co-Parenting
- Family Roles
- Discipline
- Child Development
- Balancing Work and Family
- Child Support Rights

**Services Include:**

- Education Support
- Paid Tuition for Employment Training
- Financial Literacy & Income Management

**Apply Today**  
Salisbury-Rowan Community Action Agency, Inc.  
Department of Family Services  
1300 West Bank Street, Salisbury NC 28144  
(704) 633-6633 www.srcaa.com

## National Smile Week

**Begins August 10th!**

**Show off those pearly whites and SMILE!!**



As temperatures soar, the SHA would like to remind everyone to be vigilant when it comes to signs of heat stroke and heat exhaustion. **Symptoms of heat stroke include:** dizziness, muscle cramps, headache, nausea, vomiting, fatigue. **If you experience these symptoms:** move out of the heat and into a shady or air-conditioned place; lay down and elevate your legs and feet slightly; remove tight and excessive clothing; drink water; immerse yourself in water. If condition worsens, seek medical help and/or call 9-1-1. **STAY COOL!**



**SALISBURY HOUSING AUTHORITY**  
**PO BOX 159**  
**SALISBURY NC 28145-0159**